

## 2023 Informed Consent Handout – Cesarean Sections

This handout explains the risk of Cesarean Sections (surgical births) as performed by Dr. Reilly. It is based on Dr. Reilly's complication rates. If you have any questions about this information, please contact Dr. Reilly's office at (519) 787-7418 to book an appointment to review your questions.

Dr. Reilly started independent practice in August 2005. Between August 2005 and Dec 31, 2022 Dr. Reilly performed 1156 Cesarean Sections. 90% of his patients experienced no complications.

Because Dr. Reilly is operating in the abdomen, there is a risk of damaging the bladder or bowel. Damage to these organs may be repaired during the surgery without long-term consequence, but can also result in additional surgery, long-term disability, and/or death. Dr. Reilly's rate of bladder injury is 0.4% and he has not yet had any patient experience bowel injury.

The most common complications of a Cesarean Section are bleeding, infection, or issues with the healing of the incision (surgical cut) These can range from a minor issue that does not require any treatment to death. Dr. Reilly's patients experience greater than typical bleeding 2.3% of the time, infection occurs at a rate of 5.5%, and incision complications occur in 3% of patients.

Because your movement will be restricted for a time after surgery, there is a risk of blood clots forming in your legs or lungs. One of Dr. Reilly's patients experienced this.

### Summary

#### 1156 C-Sections Performed

| Complication          | # of Patients | % of Patients |
|-----------------------|---------------|---------------|
| None                  | 1044          | 90%           |
| Bleeding              | 27            | 2.3%          |
| Infection             | 64            | 5.5%          |
| Incision Complication | 31            | 3%            |
| Bladder Injury        | 4             | 0.4%          |
| Bowel Injury          | 0             | 0%            |
| DVT / PE              | 1             | 0.1%          |